

Questionnaire for people over 50 living in, or near, Yate.



**Yate Ageing Better**

## **Help make Yate Age-friendly**

**The information you give will be used to help Yate Town Council improve services and activities for older people**

*If there are any questions you don't want to answer, that's fine. Just leave them blank.*

*Send your completed questionnaire to us free of charge in an envelope addressed to 'Freepost: YATE TOWN COUNCIL' by Monday 21st October.*

### **PART A: ACTIVITIES IN YATE**

**First we'd like to know about things that you enjoy in Yate or nearby.**

1. Are there any regular clubs or activities in Yate that you go to? Yes  No

If Yes, what are they and why do you like them?

2. Do you do any sport or physical exercise, including walking? Yes  No

If Yes, what do you do and where?

3. Do you go to any arts and crafts or technical/practical groups? Yes  No

If Yes, what do you do and where?

4. Have you been on a course or learned something new in the last year? Yes  No

If Yes, what did you do and where?

5. Do you do any voluntary work? Yes  No

If Yes, what do you do and where?

6. Do you go to Yate Shopping Centre?

Several times a week?  Once a week  Sometimes  Never

7. Do you go to the Pop Inn Café? Often  Sometimes  Never

If you use the Pop Inn, what do you do there?

If don't use the Pop Inn, why don't you go there?

8. Do you go to the Senior Coffee Morning/Afternoon events at the Armadillo on a Thursday?

Yes  No

If you do, what do you think of them?

9. How do you find out about what's on in Yate? (tick as many as apply)

- Noticeboards and posters
- Leaflets
- Websites/the internet
- Social media
- From friends and family
- Local newspapers
- Newsletters

***Please put a star \* next to the way that you would prefer to hear about what's on in Yate.***

## **PART B: WHAT MORE WOULD YOU LIKE TO HAVE IN YATE?**

**We want your ideas on how Yate could become a better place for older people. This is really important, please give as many of your ideas as you can.**

1. What kind of new clubs or regular activities would you like?

2. What extra opportunities for physical exercise would you like to have?

3. What entertainment facilities would you like?

4. Would you welcome more opportunities to meet new people? Yes  No

If you ticked 'yes' please tell us why.

5. Would you like opportunities to eat or cook with other people, for example lunch clubs or sharing meals?

Yes  No

If you ticked 'yes' what would you like?

**6. Is there anything else that could be done to improve your quality of life in Yate?**

## PART C. GETTING AROUND

1. How do you travel to places? *Tick all that apply*

Walk  Cycle  Bus  Drive  Lift  Taxi  Community transport

2. Is there anything that stops you from getting out and about? Yes  No

If yes, what is it?

- Transport doesn't meet my needs  I'm short of money  
 My health  I'm nervous about going out on my own  
 I don't know what is available  I'm too shy to try out new places

3. Are there places you go to outside Yate itself? Such as Chipping Sodbury or Coalpit Heath?

If yes, where and why do you go there?

4. How often do you go in to Bristol? Frequently  Sometimes  Never

If yes, why do you go to Bristol?

## PART D. ABOUT YOU

1 Have you made any new friends in the last few years? Yes  No

If yes, how did you get to know them?

2. Do you have any family living nearby? Yes  No  Do you live alone? Yes  No

3. Do you ever feel lonely? Never  Sometimes  Often

If yes, when do you feel lonely? Most days  In the evening  At the weekend

What might help you feel less lonely?

4. Which age group are you in? 50-64  65-74  75-85  Over 85

5. Are you? Male  Female

6. Are you? Married  Single  Widowed  Divorced

7. Are you? In full-time employment  Working part-time  Retired?  A volunteer

8. How would you rate your health now? Excellent  Good  Fair  Poor

***Thank you very much for your help.***

*If you've got more to say either enclose a note with your questionnaire or contact us by email [eddy@learnersfirst.co.uk](mailto:eddy@learnersfirst.co.uk), by phone 07860 795237.*